

Post-Treatment Care for FILLERS

FOR THE FIRST 8 HOURS...

- Avoid rubbing or touching the treated area.
- After this period, gently massage the injection area to ensure a smooth surface– up to 3 days after treatment (before the filler becomes firm).

FOR THE FIRST 24 HOURS...

- Avoid drinking any alcohol.

FOR THE FIRST 72 HOURS...

- Sleep on your back rather on your side or on your stomach.

FOR THE FIRST 5 DAYS...

- Avoid heavy exercise or any activity that increases your heartbeat.
- Avoid being in a hot tub or jacuzzi.
- There may be swelling the first few days after injection and you may feel some pain upon touching the area. Use an icepack for relief as needed.
- Avoid exposing the treated area to sunlight.
- If you choose to apply make-up to the treated area, be very gentle with the skin.

You may apply an icepack to prevent bruising. If bruising happens, you may cover it with make-up. Arnica cream or pill is helpful for reduction.

Full results are achieved 2-3 weeks after injection

If you have any questions please feel free to call our office at 844-4-RENUMI or Dr. Socher directly at (954) 663-3998.

We appreciate your trust in caring for all your facial esthetic and Dental related needs.

Dr. Socher and Staff



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